

# **Scriptures: December 19, 2021**

## **Romans 8:4-8 (NRSV)**

<sup>4</sup> so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit.<sup>[a]</sup> <sup>5</sup> For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit<sup>[b]</sup> set their minds on the things of the Spirit.<sup>[c]</sup> <sup>6</sup> To set the mind on the flesh is death, but to set the mind on the Spirit<sup>[d]</sup> is life and peace. <sup>7</sup> For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, <sup>8</sup> and those who are in the flesh cannot please God.

## **Gospel**

### **Matthew 11:29-30 (NRSV)**

<sup>29</sup> Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy, and my burden is light.”